

# MCR SCHOOLS PE CONFERENCE 2023

Manchester  
Regional Arena  
**Thursday**  
**19 October**

# **FOCUS:** Engaging your students and staff in PE, School Sport & Physical Activity during 2023/24. **How 60 active minutes builds better results**



## **KEYNOTE SPEAKERS**



**Will Roberts**  
Youth Sport Trust



**Eamonn O'Rourke**  
Team MCR

Primary

Secondary

All

# TIMINGS

9am **Registration**

9.20am **Opening Speaker & Welcome**

10am **Workshop 1**

11.10am **Workshop 2**

12.10pm **Lunch & Marketplace**

1.10pm **Updates & Presentations**

1.45pm **Workshop 3**

2.55pm **Depart**

## Time

10am  
Workshop

1



## Workshop

Using the Ofsted review to support PE self evaluation

Engaging every child in your school - 60 active minutes

Ideas to develop Active Environments in your school

Orienteering - Introduction to MAPRun - using technology to support learning in OAA

An introduction to Ultimate Frisbee

Dance to School

How to develop Table Tennis and engage all students

Tennis in your PE Curriculum

Gymnastics at KS3/4



Primary

Secondary

All

Time	Workshop	Time	Workshop
<b>11.10am</b> Work- shop <b>2</b> 	Using the Ofsted review to support PE self evaluation	<b>1.40pm</b> Work- shop <b>3</b> 	Examinations in PE
	Ideas for making Volleyball an exciting addition		Break dance, a new Olympic Sport
	Badminton at KS3/4		Badminton at KS2
	Squash - a chance to see new developments and school based delivery ideas		Tennis in your PE curriculum
	How to develop Table Tennis and engage all students		Squash - a chance to see new developments and school based delivery ideas
	Using team games and co-operation activities to boost outdoor education in your curriculum		Using Physical Activity as a catalyst to raising attitude and attainment in Maths and English
	SEND - Inclusion strategies in PE		Mindfulness for you & your staff
	Gymnastics KS1/2		
Tennis in your PE Curriculum			

COST: **£50** \* Discounts available

**TO BOOK** Email Lorryne: [pecpd@yahoo.co.uk](mailto:pecpd@yahoo.co.uk)

