



TeamMCR // Inspiring children
and young people
across Manchester
ACTIVE, HAPPY & HEALTHY



PRIMARY PROGRAMME 2025/26

With schools at the heart of the charity, our aspiration is for every young person across Manchester to be active, happy and healthy by developing a love of movement.

We will achieve this by working with and through partners to tackle the wellbeing crisis facing our children and young people; championing the use of physical activity and sport as tools. We will also continue to use our charitable status to generate income, to keep costs down for the schools we serve.

TeamMCR is more than the competitions, events and festivals programme. We offer solutions to help address the challenges faced by schools and young people and lobby support from local and national partners.

VISION

Giving all young people equal access to better life chances, choices and skills through sport, health physical activity and other life changing opportunities.

PURPOSE

To provide the young people of Manchester with a rich and diverse range of enrichment opportunities that promote physical activity, sport and wellbeing to make a life-long positive impact to them and their communities.

Message from Eamonn O'Rourke, Team MCR Chair of Trustees

“ I would like to thank you for joining us for the 2025/2026 school year. The last 12 months has seen TeamMCR make continued progress. Our merger with MPETT now means that we are able to offer high quality professional development to our extensive existing programme of 300+ competitions and events, our league programme, leadership and volunteering opportunities, health and wellbeing resources, inclusion events and community pathways.

All of this contributes to our vision of making the young people of Manchester Active, Happy and Healthy.”



Working with and through partners, we are able to offer a comprehensive package to support schools and ensure that we work more effectively together;

whilst maximising our strengths and resources fully for the benefit of the partners we serve. The young people, teachers and schools across Manchester are the focus of everything we do, and we seek to create whole school impact through our extensive programmes.



TeamMCR Membership is designed to address the key priorities of PE & SPORT RING FENCED FUNDING.

Membership costs can also be covered through school's CPD, enrichment, pupil premium or RHSE development budgets.



Schools should prioritise PE and sport premium spending to improve in the following 5 key areas:

- 1** Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 2** The engagement of all pupils in regular physical activity
- 3** The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 4** Broader experience of a range of sports and activities offered to all pupils
- 5** Increased participation in competitive sport

"As Enhanced members of TeamMCR, we've received outstanding support that has greatly enriched PE and sport in our school. Their tailored guidance, help with sport premium and Ofsted requirements, curriculum updates, and extensive events calendar have been invaluable."

I highly recommend TeamMCR to all schools to ensure that PE subject and school leaders are confident that they have the support they need to ensure children develop a passion for participation and enjoyment in sport and physical activity."

Chris Briggs, PE Lead at West Didsbury Primary



Members Benefits

2025/26

**PARTNERSHIP
PACKAGE**
£1350 + VAT

**ENHANCED
PACKAGE**
£1950 + VAT

PARTNER OPPORTUNITIES

Access to a weekly Bulletin with latest news around PE & sport, physical activity, health & wellbeing from local & national partners



Full access to NEW Members area of website; access to resources, bitesize briefings, access to shared resources, online professional development opportunities, Partners opportunities



COMPETITIONS, FESTIVALS, LEAGUES & EVENTS

Access to all TeamMCR competitions, festivals and events including virtual events, non-competitive and competitive local cluster events at primary and secondary sites and the TeamMCR inclusion competitions and festivals



Access to the Playwaze system to register for events and leagues



Access to TeamMCR's league programme



HEALTH & WELLBEING

Participation in a Change 4 Life Health Festival; station based multi skills challenges aimed at ALL children particularly disadvantaged



60 Active Minutes to Go Resources



Support for Change4Life Physical activity clubs



Support for active lifestyles in schools through targeted programmes including the MCR Creating Active Schools programme, daily mile resources



Cultural Calendar with resources for Personal Challenges



RAISING STANDARDS

FREE PE Subject Leader training: 2 training events per year with 1 free place on each



FREE Support for the awarding of the School Gamesmark accreditation for bronze, silver, gold and platinum level.



FREE subject specialist PE bespoke cluster training.



1 FREE place on Manchester 's annual PE, school sport and physical activity Conference



1 free place on one professional development course of your choice (refer overleaf & to our website for further details)



FREE Support in reporting the impact of the PE and Sport premium funding Includes full guidance to ensure compliance with the conditions of grant issued by the DfE



FREE Support & guidance for the leadership & management of PE, school sport & physical activity

Includes support for the Headteacher & PE subject leader in the form of both a helpline and email advice support



FREE Essential Association for PE (AfPE) Safe Practice in PE, Health & Safety Guide (Updated for Sept 2024)

The must have support for all your safe practice in PE queries and challenges



FREE Health & Safety training

Essential training to support the PE subject leader to ensure safe practice in PE in your setting



Members Benefits

2025/26

**PARTNERSHIP
PACKAGE**
£1350 + VAT

**ENHANCED
PACKAGE**
£1950 + VAT

SCHOOL TO COMMUNITY LINKS

Opportunities to access specialist coaching programmes through our partners



First Release Offer on MCR Active Legacy City events



Opportunities to link to Manchester Schools Club Programme



Assistance with the further development of school to community links



LEADERSHIP, VOLUNTEERING & EMPLOYABILITY SKILLS

Support for the development of pupil leadership & volunteering including resources for Young Ambassador programme, Physical Activity Leaders (PALs)



OTHER MEMBER BENEFITS (VISIT THE NEW MEMBER'S AREA ON TEAMMCR WEBSITE FOR ADDITIONAL DETAILS)

30% discount off Pro Sport Medals prosportmedals.co.uk plus free engraving for TeamMCR schools across their whole range



Corporate discount on a Manchester's Better Leisure Centres memberships is available to school staff at any of the Better Leisure sites in Manchester - better.org.uk/manchester



20% off an annual membership for the Association of PE (AfPE)



25% off any Future Action Trauma Informed training programme (first time offer): a sustainable whole school early intervention programme for students aged 8-18yrs



Free membership of the Manchester Outdoor Education Trust



ADDITIONAL PAID SERVICES

Curriculum Dance Scheme of Work

£250



Training for Yr5/6 Health Ambassador: 6-week programme (2 hrs pw) programme & resources for 10 pupils on your school site

£450

£350

Lancashire Cricket Foundation partnership package which includes a half term of coaching, online resources with lesson plans and priority access to Teacher CPD events.

£559

£559

All prices + VAT



Booking Details:

To become a member of TeamMCR for 2025/2026: visit <https://forms.office.com/e/fmZQEsEbMv> (or scan QR above)

"The playground is now buzzing with energy, positivity, and a real sense of teamwork – all thanks to our fantastic PALS leaders!"
Luke Warburton, PE Lead at St Ambrose Primary



Team MCR manages a calendar of 300 competitions, leagues & events across Primary, Secondary and Special schools across 26 different sports & physical activities.

We provide access to more localised heats, cluster events leading to Manchester Finals where appropriate with the opportunity for the winning schools having the chance to represent Manchester at Greater Manchester finals.



Our Primary Boys and Girls Football leagues continue to grow with over 2,800 children playing in 2024/25!



This is a series of inclusion specific events and activities, perfect for SEN students, from Special and Mainstream schools, also ideal for students who may be inactive, have low confidence, emotional or behavioural needs.

Sports include: Boccia • Change 4 Life Festival • Cross-Country • Goalball • New Age Kurling • Panathlon • Sportshall Athletics • Swimming • Track & Field Athletics • Tri Golf



Excel competitions give children who are confident and competitive the chance to compete in a welcoming and developmental setting.



INSPIRE events & festivals introduce sports and activities in a fun rather than competitive environment. These festivals and events have a greater emphasis on participation, building physical literacy, skills and confidence. They have a focus on the learning and development of the individual (not the result) and achieving their personal best. These festivals will all be under-pinned by the School Games Values.

COMPETITION & EVENTS

"A huge thank you for organising the league and knock out stages. Something like this requires lots of work in the background, and it can go unnoticed." Chi Hau, PE Teacher, Rushbrook Primary

"TeamMCR events have been really well organised every time we have been - really impressed with the competitions offer!" Rob Cosgrove, PE Teacher, St Barnabas CofE Primary

"The young leaders from the secondary schools helping at the events were of a very high standard having great presence, passion, direction and enthusiasm."

Anita Richardson, PE Teacher, Claremont Primary

HEALTH & WELLBEING

"The Health ambassador programme has helped the children develop their leadership skills by giving them the confidence to make informed decisions about their own health and encouraged them to promote healthy choices to younger children."

Rochelle Walker, PE Co Ordinator, St Anne's Crumpsall

LEADERSHIP

"Our Year 6 sports leaders gained invaluable leadership skills, growing in confidence, teamwork, and responsibility as they took charge and made a positive impact on their school community."

Ryan Phillips, PE Lead at Sacred Heart Baguley

"It's been amazing to see our pupil's confidence grow as they took on new responsibilities and encouraged others to get involved in active play."

Luke Warburton, PE Lead, St Ambrose Primary



WORKFORCE DEVELOPMENT

TeamMCR are committed to supporting our schools with high quality professional development opportunities to meet their workforce needs.

We recognise when teachers receive the highest quality training, this leads to improvements in pupils' learning outcomes, enabling positive experiences in PE lessons, extracurricular opportunities and physical activity across the school day.

Through our team of highly qualified & experienced practitioners, we offer an array of opportunities. Our delivery team are all experts in the field of Physical Education, with qualified teacher status and excellence in providing bespoke professional development opportunities.

"In some schools there is a strategic approach to developing staff's subject knowledge, and how to teach it, through continuing professional development. In these schools, staff receive effective training in teaching the planned curriculum." (OFSTED PE Report, Sept 2023)

"Teachers' professional development is crucial to a high-quality education system".
(OFSTED, Professional Development, May 2024)

Number 1 Priority of the DfE PE Premium Grant; "To increase confidence, knowledge and skills of all staff in teaching PE and sport"
(DfE, updated Jan 2023)

ENHANCED MEMBERS – select one of the following CPD courses for free

Early Career Teacher for KS1/2; 5-part course over an academic year	High Quality Physical Development for Early Years professional learning training course for staff
Early Career Teacher for Early Years; 4-part course over an academic year	Subject Leadership of PE – Everything You Need to Know training
High Quality PE professional learning training course for KS1/2 staff	Sports Specific training. Eg; Kinball, Tennis, Hockey, FA Girls, First Aid, Netball
MOET Outdoor & Adventurous Activities training	Whole school dance scheme of work & familiarisation training

"I have been teaching for 20 years and the support given to me has been brilliant. I now value being able to support other practitioners to develop their pupils."

Yvonne Joyce, Assistant headteacher
St John's RC Primary School

"The courses are essential for all primary school teachers, up to date and relevant advice and information. The support given is vital and impacts positively on our children's physical development"

Vicky Grzelak, Teacher and PE Subject Leader,
Crossacres Primary School

TeamMCR
ACTIVE, HAPPY & HEALTHY

Inspiring children and young people across Manchester
teammcr.co.uk/our-team/

Vicky Marshall	Director	Vicky@teammcr.co.uk
James Crowley	Development & Operations	James@teammcr.co.uk
Hannah Vecchione	Education and Training	Hannah@teammcr.co.uk cpd@teammcr.co.uk
Doug Martin	Project Officer/ League Coordinator	Doug@teammcr.co.uk
Simon Jones	Competition and Events Manager	Simon@teammcr.co.uk
Ben Foster	Programme Coordinator North	Ben@teammcr.co.uk
Basia Kurzak	Programme Coordinator Central & East Manchester	Basia@teammcr.co.uk
Tom Ingham	Programme Coordinator Wythenshawe & South	Tom@teammcr.co.uk
Martin Wright	Secondary Support/ League Coordinator	Martin@teammcr.co.uk



teammcr



@TeamMCR1