

SECONDARY PROGRAMME 2025/26

With schools at the heart of the charity, our aspiration is for every young person across Manchester to be active, happy and healthy by developing a love of movement.

We will achieve this by working with and through partners to tackle the wellbeing crisis facing our children and young people; championing the use of physical activity and sport as tools. We will also continue to use our charitable status to generate income, to keep costs down for the schools we serve.

TeamMCR is more than the competitions, events and festivals programme. We offer solutions to help address the challenges faced by schools and young people and lobby support from local and national partners.

VISION

Giving all young people equal access to better life chances, choices and skills through sport, health physical activity and other life changing opportunities.

PURPOSE

To provide the young people of Manchester with a rich and diverse range of enrichment opportunities that promote physical activity, sport and wellbeing to make a life-long positive impact to them and their communities.

Message from Eamonn O'Rourke, Team MCR Chair of Trustees

“ I would like to thank you for joining us for the 2025/2026 school year. The last 12 months has seen TeamMCR make continued progress. Our merger with MPETT now means that we are able to offer high quality professional development to our extensive existing programme of 300+ competitions and events, our league programme, leadership and volunteering opportunities, health and wellbeing resources, inclusion events and community pathways.

All of this contributes to our vision of making the young people of Manchester Active, Happy and Healthy. ”



Working with and through partners, we are able to offer a comprehensive package to support schools and ensure that we work more effectively together, whilst maximising our strengths and resources fully for the benefit of the schools we serve. The young people, teachers and schools across Manchester are the focus of everything we do, and we seek to create whole school impact through our extensive programmes.



Young people WANT from schools, settings and colleges:

- to be listened to and heard,
- to feel safe and that they belong,
- to be supported with their mental and physical wellbeing and self-esteem.

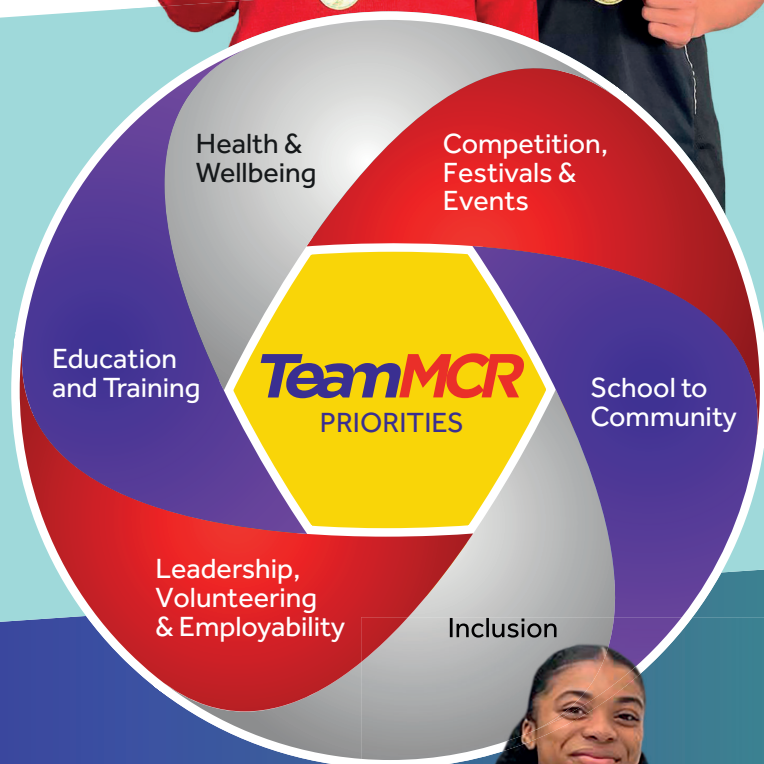
They also WANT to:

- attend trips and residentials
- be provided/have knowledge about local low-cost clubs and activities
- have opportunities to develop skills for life which enable them to live satisfying lives
- get a good job and to access the most competitive career pathways.

(amended from the MCR City Council Education Draft Education Strategy 2024-34)

Average life satisfaction has improved over the three years in Manchester. However, it remains below the GM average in 2023, particularly in Ancoats & Beswick, Clayton & Openshaw, Ardwick & Longsight and, Gorton & Levenshulme *(BeeWell Survey 2024)*

31.2% young people in Manchester are meeting or exceeding the Chief Medical Officers' (CMO) recommended 1 hour a day of physical activity. However only 1 in 4 girls do 1 or more hours of physical activity per day." *(BeeWell Survey 2024)*



"Working alongside TeamMCR has supported the competitive sporting calendar for our PE department. Without this organisation most sports would have no formal competition and recognition of those students with sporting talents. Our students thrive off our extra-curricular activities and this supports our end of year awards and celebrations of achievements. Staff have been supported through CPD which has enhanced their learning."

*Darren Mawn, Head of PE,
St Paul's High School*



Members Benefits 2025/26



Booking Details:

To become a member of TeamMCR for 2025/2026: visit <https://forms.office.com/e/KmJKdtumST> (or scan QR - right)



MEMBER SCHOOL

PARTNER OPPORTUNITIES

Access to a weekly Bulletin with latest news around PE & sport, physical activity, health & wellbeing from local & national partners



Full access to NEW Members area of website; access to resources, bitesize briefings, access to shared resources, online professional development opportunities, Partners opportunities



COMPETITIONS, FESTIVALS, LEAGUES & EVENTS

Access to all TeamMCR Inclusion competitions, festivals and events including virtual events, non-competitive and competitive local cluster events



Access to the Playwaze system to register for events and leagues



HEALTH & WELLBEING

Support for active lifestyles in schools through targeted programmes including the MCR Creating Active Schools programme, daily mile resources



Cultural Calendar with resources for Personal Challenges



Access to a MCR Community of Practice Network for Health & Wellbeing to codesign, develop & implement solution projects Eg; Girls Self defense Taekwondo Safety Project, trauma informed PE, Wells School



RAISING STANDARDS

FREE PE Subject Leader training: 3 events per year with 1 free place on each



1 free place on Manchester's annual PE, school sport and physical activity conference



FREE or subsidised places on selected professional development courses/ hot topics



Support & guidance for the leadership & management of PE, school sport & physical activity includes both a helpline and email advice support



FREE Essential Association for PE (AfPE) Safe Practice in PE, Health & Safety Guide (Updated for Sept 2024) The must have support for all your safe practice in PE queries and challenges



FREE Health & Safety training - Essential training to support the PE subject leader to ensure safe practice in PE in your setting



Health & Safety termly updates Essential health and safety topic support



SCHOOL TO COMMUNITY LINKS

Opportunities to access specialist coaching programmes through our partners



First Release Offer on MCR Active Legacy City events



Access to a MCR Community of Practice Network for School to Community to codesign, develop & implement solution projects Eg; NGB programme (RFU, LCC, OL & AA, Hockey, MLB etc)



Assistance with the further development of school to community links



Members Benefits

2025/26

MEMBER SCHOOL

LEADERSHIP, VOLUNTEERING & EMPLOYABILITY SKILLS

Providing experience for young leaders at external events, festivals & competitions at your school site or/ & citywide venues



Additional leadership training from TeamMCR or partners (if required) prior to event



Access to a MCR Community of Practice Network for School to Community to codesign, develop & implement solution projects Eg; rewards & recognition programme



OTHER MEMBER BENEFITS (VISIT THE NEW MEMBER'S AREA ON TEAMMCR WEBSITE FOR ADDITIONAL DETAILS)

30% discount off Pro Sport Medals prosportmedals.co.uk plus free engraving for TeamMCR schools across their whole range



Corporate discount on a Manchester's Better Leisure Centres memberships is available to school staff at any of the Better Leisure sites in Manchester - better.org.uk/manchester



20% off an annual membership for the Association of PE (AfPE)



25% off any Future Action Trauma Informed training programme (first time offer): a sustainable whole school early intervention programme for students aged 8-18yrs



Free membership of the Manchester Outdoor Education Trust



ADDITIONAL PAID SERVICES

Lancashire Cricket Foundation partnership package which includes a half term of coaching, online resources with lesson plans and priority access to Teacher CPD events.

£559

All prices + VAT

Secondary Membership 2025/26

NUMBER OF PUPILS ON ROLL	MEMBERSHIP AMOUNT
251 - 500	£895 + VAT
501 - 750	£950 + VAT
751 - 1000	£1,005 + VAT
1001 - 1250	£1,060 + VAT
1251 - 1500	£1,115 + VAT
1501 plus	£1,170 + VAT



Team MCR manages a calendar of 300 competitions, leagues & events across Primary, Secondary and Special schools across 26 different sports & physical activities.

We provide access to more localised heats, cluster events leading to Manchester Finals where appropriate with the opportunity for the winning schools having the chance to represent Manchester at Greater Manchester finals.



The Secondary Basketball, Football and Netball Leagues continue to thrive with increased demand in 2024-25 with over 370 teams taking part!



This is a series of inclusion specific events and activities, perfect for SEN students, from Special and Mainstream schools, also ideal for students who may be inactive, have low confidence, emotional or behavioural needs.

Sports include: Boccia • Change 4 Life Festival • Cross-Country • Goalball • New Age Kurling • Panathlon • Sportshall Athletics • Swimming • Track & Field Athletics • Tri Golf



Excel competitions give children who are confident and competitive the chance to compete in a welcoming and developmental setting.



INSPIRE events & festivals introduce sports and activities in a fun rather than competitive environment. These festivals and events have a greater emphasis on participation, building physical literacy, skills and confidence. They have a focus on the learning and development of the individual (not the result) and achieving their personal best. These festivals will all be under-pinned by the School Games Values.

COMPETITION & EVENTS

"The inspire competitions have provided our students at CHS South with the opportunity to grow both physically and mentally. They encourage teamwork, leadership and communication skills as students learn to work together towards a common goal in sport. These events promote a sense of school pride and community helping students build friendships and confidence while developing their sporting ability."

Katie Smith, CHS South

"The Excel competitions give our students a great opportunity to compete in a challenging environment and strive to be better."

Roger Bryan, Trinity High School

"The event was extremely well-organised, and it provided a brilliant opportunity for students on the SEND register who often face barriers to accessing traditional sporting activities. For many of our young people, this was their first experience of representing school in a sporting context - and they are still talking about it now."

Andy Jowit, Head of PE, MEA Central

HEALTH & WELLBEING

"The programme had a positive impact with the girls involved, encouraging discussions on how the girls feel within their community, their concerns and their hopes."

Jenny Richmond, OLSC

LEADERSHIP AND VOLUNTEERING

"Through our partnership with TeamMCR, Levenshulme students gain incredible opportunities to lead, work with peers and adults in the wider community, and develop the confidence and communication skills that empower them to make a real difference; on and off the field."

Nicky McLeod, Head of PE, Levenshulme High School

"This was a great experience! It's hard to referee, at the start I was a bit confused and nervous but I did well."
WHGS Young leader at Excel
Tag Rugby Primary Schools

WORKFORCE DEVELOPMENT

TeamMCR are committed to supporting our schools with high quality professional development opportunities to meet their workforce needs.

We recognise when teachers receive the highest quality training, this leads to improvements in pupils' learning outcomes, enabling positive experiences in PE lessons, extracurricular opportunities and physical activity across the school day.

"In some schools there is a strategic approach to developing staff's subject knowledge, and how to teach it, through continuing professional development. In these schools, staff receive effective training in teaching the planned curriculum."
(OFSTED PE Report, Sept 2023)

"Teachers' professional development is crucial to a high-quality education system".
(OFSTED, Professional Development, May 2024)

Number 1 Priority of the DfE PE Premium Grant; "To increase confidence, knowledge and skills of all staff in teaching PE and sport"
(DfE, updated Jan 2023)



"Absolutely game changing inspiring stuff experienced today at the TeamMCR PE Conference, which I will definitely be bringing back into school."
Mark Aitken, Head of PE, Abraham Moss Community School

"The meetings allow staff to collaborate on key topical discussions as well as providing support from other specialists in standardisation of examination work, sharing good practice and setting the standard of high-quality PE across the city."

We have taken parts of the training delivered to develop our curriculum design, assessment and continual evaluation of our physical education offer."

We have recently delivered the RISE Up programme with support of Team MCR which has improved female engagement in PE as well as perceptions on exercise and the importance of movement."
Joe Nield, Head of PE, MCA

TeamMCR // Inspiring children and young people across Manchester
ACTIVE, HAPPY & HEALTHY teammcr.co.uk/our-team/

Vicky Marshall	Director	Vicky@teammcr.co.uk
James Crowley	Development & Operations	James@teammcr.co.uk
Hannah Vecchione	Education and Training	Hannah@teammcr.co.uk cpd@teammcr.co.uk
Doug Martin	Project Officer/ League Coordinator	Doug@teammcr.co.uk
Simon Jones	Competition and Events Manager	Simon@teammcr.co.uk
Ben Foster	Programme Coordinator North	Ben@teammcr.co.uk
Basia Kurzak	Programme Coordinator Central & East Manchester	Basia@teammcr.co.uk
Tom Ingham	Programme Coordinator Wythenshawe & South	Tom@teammcr.co.uk
Martin Wright	Secondary Support/ League Coordinator	Martin@teammcr.co.uk



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@TeamMCR1