

SPECIAL SCHOOL PROGRAMME 2025/26

With schools at the heart of the charity, our aspiration is for every young person across Manchester to be active, happy and healthy by developing a love of movement.

We will achieve this by working with and through partners to tackle the wellbeing crisis facing our children and young people; championing the use of physical activity and sport as tools. We will also continue to use our charitable status to generate income, to keep costs down for the schools we serve.

TeamMCR is more than the competitions, events and festivals programme. We offer solutions to help address the challenges faced by schools and young people and lobby support from local and national partners.

VISION

Giving all young people equal access to better life chances, choices and skills through sport, health physical activity and other life changing opportunities.

PURPOSE

To provide the young people of Manchester with a rich and diverse range of enrichment opportunities that promote physical activity, sport and wellbeing to make a life-long positive impact to them and their communities.

Message from Eamonn O'Rourke, Team MCR Chair of Trustees

“ I would like to thank you for joining us for the 2025/2026 school year. The last 12 months has seen TeamMCR make continued progress. Our merger with MPETT now means that we are able to offer high quality professional development to our extensive existing programme of 300+ competitions and events, our league programme, leadership and volunteering opportunities, health and wellbeing resources, inclusion events and community pathways.

All of this contributes to our vision of making the young people of Manchester Active, Happy and Healthy. ”



Working with and through partners, we are able to offer a comprehensive package to support schools and ensure that we work more effectively together, whilst maximising our strengths and resources fully for the benefit of the schools we serve. The young people, teachers and schools across Manchester are the focus of everything we do, and we seek to create whole school impact through our extensive programmes.



Physical Activity for Disabled Children and Disabled Young People

Getting and staying active is about

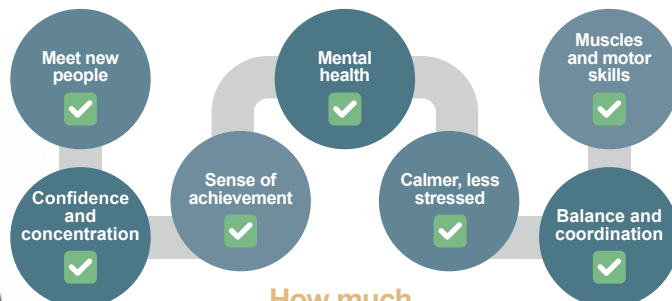
Equality

Inclusivity

Finding what's fun

Exploring what activities make you feel good

Benefits of physical activity



How much physical activity should I do?

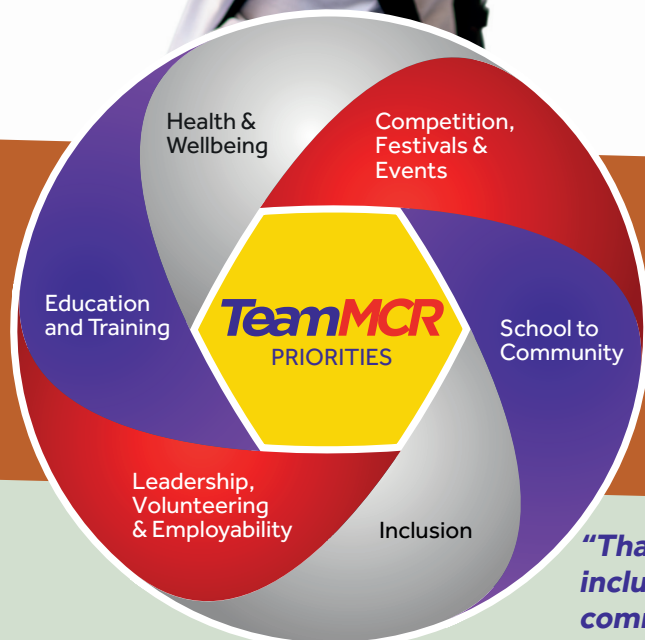
When starting build up slowly
Ask: Can you do this today?

Do bitesize chunks
of physical activity throughout the day



Do challenging but manageable
strength and balance activities 3 times per week

Small amounts of physical activity
are good for you as well



TeamMCR Membership is designed to address the key priorities of PE & SPORT RING FENCED FUNDING.

Membership costs can also be covered through school's CPD, enrichment, pupil premium or RHSE development budgets.

Schools should prioritise PE and sport premium spending to improve in the following 5 key areas:

- 1 Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 2 The engagement of all pupils in regular physical activity
- 3 The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 4 Broader experience of a range of sports and activities offered to all pupils
- 5 Increased participation in competitive sport

"Thank you so much for all the incredible inclusion events you have organised this year. Your commitment to creating such welcoming, accessible, and inclusive experiences for our students has made a significant impact, and we are deeply appreciative of the thought, care, and precision that has gone into every detail. The level of organisation for each event has been exceptional and our students always leave feeling valued and empowered."

I would also like to extend our appreciation to the other schools involved. The collaborative spirit that is shown at these inclusion events has been remarkable, and it is always an honour to work together with such a compassionate, dedicated people."

Thank you again for all that you do to support inclusion in our schools. It's a privilege to be part of this fantastic team, and we look forward to continuing to work together to promote diversity, equity, and inclusion in the future."

Hannah Harrison, PE Teacher, Melland High School

Members Benefits 2025/26



Booking Details:

To become a member of TeamMCR for 2025/2026: visit <https://forms.office.com/e/Zcem5RYKJ8> (or scan QR - right)



	PARTNERSHIP PACKAGE	ENHANCED PACKAGE
PARTNER OPPORTUNITIES		
Access to a weekly Bulletin with latest news around PE & sport, physical activity, health & wellbeing from local & national partners	✓	✓
Full access to NEW Members area of website; access to resources, bitesize briefings, access to shared resources, online professional development opportunities, Partners opportunities	✓	✓
COMPETITIONS, FESTIVALS, LEAGUES & EVENTS		
Access to all TeamMCR Inclusion competitions, festivals and events including virtual events, non-competitive and competitive local cluster events	✓	✓
Access to the Playwaze system to register for events and leagues	✓	✓
HEALTH & WELLBEING		
60 Active Minutes to Go Resources	✓	✓
Support for Change4Life Physical activity clubs		✓
Support for active lifestyles in schools through targeted programmes including the MCR Creating Active Schools programme, daily mile resources		✓
Cultural Calendar with resources for Personal Challenges	✓	✓
RAISING STANDARDS		
FREE PE Subject Leader training: 2 training events per year with 1 free place on each	✓	✓
FREE Support for the awarding of the School Gamesmark accreditation for bronze, silver, gold and platinum level.	✓	✓
FREE subject specialist PE bespoke cluster training.		✓
1 FREE place on Manchester's annual PE, school sport and physical activity Conference		✓
1 free place on one professional development course of your choice (refer overleaf & to our website for further details)		✓
FREE Support in reporting the impact of the PE and Sport premium funding Includes full guidance to ensure compliance with the conditions of grant issued by the DfE		✓
FREE Support & guidance for the leadership & management of PE, school sport & physical activity Includes support for the Headteacher & PE subject leader in the form of both a helpline and email advice support		✓
FREE Essential Association for PE (AfPE) Safe Practice in PE, Health & Safety Guide (Updated for Sept 2024) The must have support for all your safe practice in PE queries and challenges		✓
FREE Health & Safety training Essential training to support the PE subject leader to ensure safe practice in PE in your setting		✓

Members Benefits 2025/26

PARTNERSHIP
PACKAGE

ENHANCED
PACKAGE

SCHOOL TO COMMUNITY LINKS

Opportunities to access specialist coaching programmes through our partners



First Release Offer on MCR Active Legacy City events



Opportunities to link to Manchester Schools Club Programme



Assistance with the further development of school to community links



LEADERSHIP, VOLUNTEERING & EMPLOYABILITY SKILLS

Support for the development of pupil leadership & volunteering including resources for Young Ambassador programme, Physical Activity Leaders (PALs)



For secondary schools only

Deployment of your Leaders into the TeamMCR competition, event & festival programme;

- Providing experience for young leaders at external events, festivals & competitions at your school site or/ & citywide venues (part of booking process for schools to bring their YL)
- Additional leadership training from TeamMCR if required prior to event
- Rewards for recognition of of YL's commitment to leadership & volunteering



OTHER MEMBER BENEFITS (VISIT THE NEW MEMBER'S AREA ON TEAMMCR WEBSITE FOR ADDITIONAL DETAILS)

30% discount off Pro Sport Medals prosportmedals.co.uk plus free engraving for TeamMCR schools across their whole range



Corporate discount on a Manchester's Better Leisure Centres memberships is available to school staff at any of the Better Leisure sites in Manchester - better.org.uk/manchester



20% off an annual membership for the Association of PE (AfPE)



25% off any Future Action Trauma Informed training programme (first time offer): a sustainable whole school early intervention programme for students aged 8-18yrs



Free membership of the Manchester Outdoor Education Trust



ADDITIONAL PAID SERVICES

Curriculum Dance Scheme of Work

£250



Lancashire Cricket Foundation partnership package which includes a half term of coaching, online resources with lesson plans and priority access to Teacher CPD events.

£559

£559

All prices + VAT

Annual Membership 2025/26

NUMBER OF PUPILS ON ROLL	PARTNERSHIP TOTAL (excluding VAT)	ENHANCED (excluding VAT)
1 - 250	£500	£800
251 - 1000	£895	£1,195
1001 - 1500	£1,060	£1,360
1501 plus	£1,170	£1,470

Team MCR manages a calendar of 300 competitions, leagues & events across Primary, Secondary and Special schools across 26 different sports & physical activities.



INCLUSION

We also provide a series of Inclusion specific events and activities, perfect for SEN students, from Special and Mainstream schools, also ideal for students who may be inactive, have low confidence, emotional or behavioural needs.

Sports include: Boccia • Change 4 Life Festival • Cross-Country • Goalball • New Age Kurling • Panathlon • Sportshall Athletics • Swimming • Track & Field Athletics • Tri Golf •



Through our festivals and events we aim to celebrate the six School Games Values with students:



DETERMINATION



PASSION



RESPECT



HONESTY



SELF BELIEF



TEAMWORK

All of our events will result in SMILES

SAFE

participants feel physically and emotionally safe.

MAXIMUM

PARTICIPATION
participants are fully involved all of the time, i.e. not hanging around.

INCLUSIVE

all participants can take part; activities are designed to suit and develop their abilities.

LEARNING

participants develop personal, social, creative, thinking and/or physical skills.

ENJOYMENT

activities recognise individuals' personal needs and interests.

SUCCESS

participants feel they are making progress and getting satisfaction.

While there isn't a specific letter for fair play, SMILES will happen for all participants if they feel a sense of fairness. Fairness underpins inclusion, enjoyment and success; it isn't just about 'rules'.

INCLUSION

"Our children have thoroughly enjoyed each event and are always look forward to the next. Being able to participate and to have access to these wonderful enrichment opportunities, resources and venues where the children have shared experiences they would otherwise not have, has enabled our Hive children to develop interests in new sports as well as build new friendships. We have seen their confidence grow over the year as they attended more events."

Chi Hau, The Hive Specialist Provision, Rushbrook Primary Academy

Student Comments

"I loved the bowling, it was great to work as a team."

"I liked it when we all celebrated."

"My favourite thing this year has been all the sports trips because I could try my best and I was really proud."

Pupils from The Hive Specialist Provision, Rushbrook Primary Academy



WORKFORCE DEVELOPMENT

TeamMCR are committed to supporting our schools with high quality professional development opportunities to meet their workforce needs.

We recognise when teachers receive the highest quality training, this leads to improvements in pupils' learning outcomes, enabling positive experiences in PE lessons, extracurricular opportunities and physical activity across the school day.

"Team MCR offer a fantastic CPD package. Training is offered which is tailored to the needs of all schools including primary, secondary and SEND. The regular heads of department meetings also give teachers a great opportunity to develop and share good practice. A range of new and innovative workshops are also offered to upskill teachers subject knowledge in sports including kinball, pentathlon and many more. There is always an excellent level of professional support available when required for all teachers across Manchester."

Adam Thomas
Piper Hill

"Teachers' professional development is crucial to a high-quality education system".
(OFSTED, Professional Development, May 2024)

***Number 1 Priority of the DfE PE Premium Grant;
"To increase confidence, knowledge and skills
of all staff in teaching PE and sport"***
(DfE, updated Jan 2023)



YOUNG LEADERS

"A special mention must go to the student leaders, especially those from Whalley Range and William Hulme, whose leadership in these inclusion events has been nothing short of exemplary. They lead with kindness and confidence and their staff should be really proud." Hannah, Melland High School

"The children could be themselves and were supported by talented sport leaders who could adapt activities as they needed to." Staff member, The Hive Specialist Provision, Rushbrook Primary Academy

TeamMCR
ACTIVE, HAPPY & HEALTHY

Inspiring children and young
people across Manchester

teammcr.co.uk/our-team/

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